

Management of Nasal Obstruction - Are Antihistamines the Panacea?

Programme:

1.00pm – 1.45pm:

Welcome Address

Dr David Chin Chao-Wu, Senior Consultant Ear Nose Throat Surgeon
Ascent ENT Alvernia Holdings Pte. Ltd.

1.45pm – 2.00pm:

Management of Nasal Obstruction - Are Antihistamines the Panacea?

Dr Valerie Tay, Senior Consultant Ear Nose Throat Surgeon
Ascent ENT Alvernia Holdings Pte. Ltd.

Q&A

Date:

07 Oct 2021,
Thursday

Time:

1pm – 2pm

Platform:

Microsoft Teams

Presentation Outline:

Nasal obstruction is a common complaint seen in primary practice, most often due to allergic rhinitis or URTI. The treatment for such patients usually includes some form of antihistamines or decongestants, but are these effective for all patients? This talk will cover the causes of nasal obstruction, recommendations of the current EPOS guidelines (European Position Paper on Rhinosinusitis and Nasal Polyps) 2020, as well as surgical treatment of some of the underlying causes of nasal obstruction.



Scan to register!

CME Point: Pending

Registration Details:

1. To register, please submit your registration details [here](#) by **05 Oct 2021**. You may also use the QR code provided above to register.
2. A meeting link will be sent to the email address provided in your registration deadline by 06 Oct 2021.
Please ensure that you follow the steps in the user guide sent with the meeting link. This is to allow us to capture your details (**MCR No. and Name**) when you attend the live webinar.

For enquiries, please call Medical Affairs at 6347 6780 or email to medical.affairs@mtalvernia.sg