



Mount Alvernia Hospital World Mental Health Day GP Symposium



Date: Saturday, 16 October 2021 **Time:** 2pm - 4pm **Platform:** Microsoft Teams **CME Points:** Applied

2.00pm – *Mental Health Issues in the Elderly*
2.40pm Dr Chan Kin Ming, Consultant Geriatrician

Dementia, depression and anxiety disorders are the 3 most common psychiatric conditions among the elderly in Singapore. Because of the multiple comorbidities elderly patients usually have, it is often difficult to know whether a particular symptom, such as lethargy or pain, is caused by one of these psychiatric conditions or due to a coexisting medical illness or both. Patients with chronic medical illness are known to have a high prevalence of comorbid depression and anxiety. This talk touches on some atypical presentations of each of these 3 mental health conditions and how they should be addressed.

Q&A Session

2.40pm – *Managing Mental Health*
3.20pm Dr Tina Tan, Consultant Psychiatrist

Mental Wellbeing has become more important during the COVID-19 pandemic. This talk will discuss on common mental health issues to look for in our patients, warning signs and available resources to guide them.

Q&A Session

3.20pm – *Highlights on Common Developmental-Behavioral Paediatric (DBP) Disorders*
4.00pm Dr Lian Wee Bin, Consultant Paediatrician and Neonatologist

DBP disorders are now better recognised. However, there remains challenges and pitfalls in early identification because of the wide diversity of presentation. The talk will touch on some typical presentations of the various common disorders as well as highlight the less typical but definitive features of these conditions, including ASD, ADHD, DCD/Dyspraxia and LD.

Q&A Session



Scan the QR code or
click here to register
by 14 Oct 2021



Dr Chan Kin Ming



Dr Tina Tan



Dr Lian Wee Bin

A meeting link will be sent to the email address provided in your online registration on 15 October 2021. Please ensure that you follow the steps provided in the user guide sent with the meeting link. This is to allow us to capture your detail (MCR No. and Name) when you attend the live Webinar. For enquiries, please call Medical Affairs at 6347 6780 or email medical.affairs@mtalvernia.sg.