

# Liver Health – Alcohol, Coffee, Fat and More!

**Live CME Webinar**

1 CME Point applied: Pending

**Date:**

17 Feb 2022,  
Thursday

**Time:**

1pm – 2pm

**Platform:**

Microsoft Teams

**Programme:**

1:00pm – 1:45pm:

**Liver Health – Alcohol, Coffee, Fat and More!**

Dr Mark Fernandes, Senior Consultant Gastroenterologist  
gutCARE Digestive•Liver•Endoscopy Associates,  
Mount Alvernia Hospital

1:45pm – 2:00pm:

**Q&A**



**Dr Mark Fernandes**

**Presentation Outline:**

Dr Mark Fernandes is a specialist in Gastroenterology with a clinical interest in Digestive Cancer Screening and Liver Disorders including Hepatitis B, Hepatitis C, Nonalcoholic Fatty Liver Disease, Liver Cancer and in Fibroscan for monitoring the progression of liver disease. He was previously a Consultant and Clinical Tutor at the National University Hospital (NUH), and part of the Liver Transplant Programme team.

In this webinar, Dr Fernandes will discuss and bring us through the following: What are the latest guidelines for alcohol intake? Is coffee beneficial to liver health? How important is fatty liver disease as a disease in the world today? What are the latest developments in the treatment for fatty liver disease.

**REGISTER**

1. To register, please submit your registration details [here](#) by 15 Feb 2022.  
You may also use the QR code provided to register.

2. For enquiries, please call Medical Affairs at 6347 6780 or email to [medical.affairs@mtalvernia.sg](mailto:medical.affairs@mtalvernia.sg)

