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Alvernia Connect NESt Workshop Registration User Guide



About Alvernia Connect

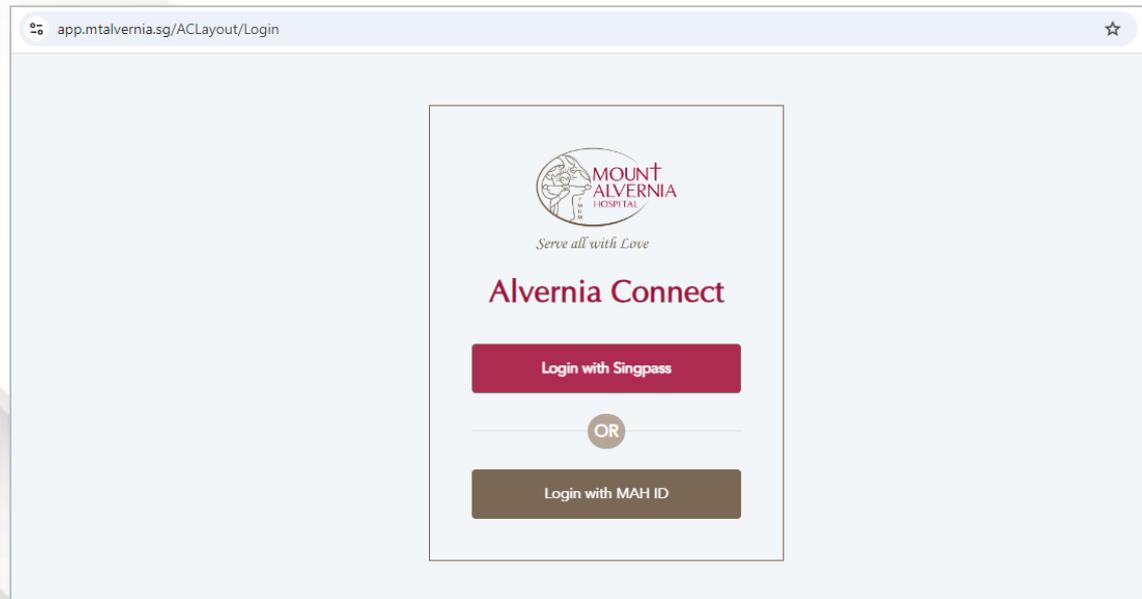
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Alvernia Connect is a web-based application that requires internet connection.

It is compatible with web browsers like Google Chrome and Safari.

Alvernia Connect URL:

<https://app.mtalvernia.sg/ACLAYOUT/Login>





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Using Alvernia Connect

- 01 Log onto Alvernia Connect
- 02 Register for a NEST Workshop
- 03 View my Events



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01 Log into Alvernia Connect



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Method 1 – Join via Singpass

Step 1:
Click on <Login with Singpass> button


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Alvernia Connect

[Login with Singpass](#)

OR

[Login](#)

[Don't have a Singpass Account?](#)

Step 2:
Scan with Singpass app to log in

Scan with Singpass app
to log in



singpass

[Register for Singpass](#)



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Method 2 – Join via email

Step 1:
Click on <Login> button

MOUNT ALVERNIA HOSPITAL
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Alvernia Connect

Login with Singpass

OR

Login

[Don't have a Singpass Account?](#)

Step 2:
Enter Username / Email and Password

Step 3:
Click on <Login> button

Username / Email

Password

[Forgot password?](#)

Login

[Don't have a Singpass Account?](#)



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02 Register for a NESt Workshop



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Step 1:

Click on <Registration> button



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Good day, Tester B.





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Step 2:
Under Events, select <NESt Workshop Registration>

Register My Events

1 Select Event 2 Registration 3 Payment 4 Summary

Events

Please select ONE

Maternity Tour Registration Health Screening **NESt Workshop Registration** Childbirth Education

Weaning Workshop Registration



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Step 3:
Under Event , select <NESt Workshop Registration>

Event

Please select ONE Event

NESt Workshop Registration

A photograph showing an elderly man with grey hair and a beard, wearing a grey sweater, smiling as he prepares food in a kitchen. A young woman with long dark hair, wearing a light green top, is smiling and holding a red apple. They are in a bright, modern kitchen with various kitchen items hanging on the wall.

[Click here to view details](#) >>



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Step 4: View Terms and Conditions For NEST Workshop

Terms and Conditions

NESt, which stands for Nutrition and Engagement for Seniors today, is a unique hybrid workshop that combines dietetics and occupational therapy to address common aging issues.

The workshop's emphasis is on empowering seniors to make healthy food choices to meet their nutritional needs, and engage in activities that foster social interaction. This, in turn, improves their self-esteem and quality of life.

The programme also benefits caregivers by equipping them with the necessary skills to care for seniors effectively while encouraging their independence.

Fee : S\$ 109 per pair of senior and caregiver (inclusive of GST). Fee remains at S\$109 whether attending alone or as a pair, so maximise the experience by signing up together!

Capacity : Minimum 1 participant (senior or caregiver), maximum 4 participants (2 pairs of senior and caregiver)

Contact us to find out more or to register.

Email : dietetics@mtalvernia.sg.

Nutrition & Dietetics 63476702

Rehabilitation Centre 63476703 / 63476365

Mondays to Fridays : 8.30am to 5.00pm

Saturdays 8.30am to 5.00pm

Closed on Sundays and Public Holidays



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Step 5:
Select preferred session and click on <Next>

Period

Select Year

2025

Select Month

April

Date From

01/04/2025

Date To

30/04/2025

04 Apr 2025 (Fri)

10:00 AM to 12:00 PM

Slot Available

05 Apr 2025 (Sat)

10:00 AM to 12:00 PM

Slot Available

11 Apr 2025 (Fri)

10:00 AM to 12:00 PM

Slot Available

12 Apr 2025 (Sat)

10:00 AM to 12:00 PM

Slot Available

18 Apr 2025 (Fri)

10:00 AM to 12:00 PM

Slot Available

19 Apr 2025 (Sat)

10:00 AM to 12:00 PM

Slot Available

25 Apr 2025 (Fri)

10:00 AM to 12:00 PM

Slot Available

26 Apr 2025 (Sat)

10:00 AM to 12:00 PM

Slot Available

Next



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Step 6: View session details

Register My Events



Registration

NESt Workshop Registration

-  04 Apr 2025 (Fri)
-  10:00 AM to 12:00 PM
-  St Anne Mother & Child Centre, Level 6, Lecture Room 3



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Step 7:
Complete the registration form and click on <Proceed to Payment> button

NESt Workshop

*Mandatory Fields

Participant 1

* Full Name

* Date Of Birth

* Mobile

* Email

Participant 2

Full Name

Date Of Birth

Mobile

Email

Total Fee inclusive GST (9 %) : \$109.00

Back

Proceed
to Payment



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Step 8: Pre-registration form display and click payment by VISA, MASTER or PAYNOW

Registration Summary & Payment

Registration Details

Participant 1

* Full Name

Tester 1

* Date Of Birth

01/02/1990

* Mobile

12345678

* Email

Participant 2

Full Name

Date Of Birth

dd/mm/yyyy

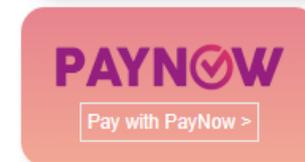
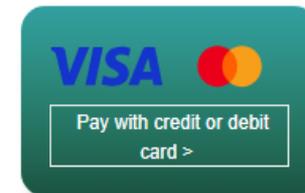
Mobile

Email

E.g. mail@example.com

Online Payment

NESt Workshop (NESt Workshop Registration)	\$100.00
GST (9%)	\$9.00
<hr/>	
Total:	\$109.00





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Step 8: Pre-registration form display and click payment by VISA, MASTER or PAYNOW

Registration Summary & Payment

Registration Details

Participant 1

* Full Name

Tester 1

* Date Of Birth

01/02/1990

* Mobile

12345678

* Email

Participant 2

Full Name

Date Of Birth

dd/mm/yyyy

Mobile

Email

E.g. mail@example.com

Order Summary

Hide ^

1x NEST Workshop (NEST Workshop Reg... 109.00

Total SGD 109.00

\$100.00

\$9.00

\$109.00

Pay via



Testing

PURCHASE - SGD 109.00



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Email as below will be sent when the registration is successful. E-receipt attached in email.



Tue 25/03/2025 15:16

Mount Alvernia No Reply <notify@mtalvernia.sg>
NESt Workshop Registration

To

 If there are problems with how this message is displayed, click here to view it in a web browser.



NEREC000009.pdf
194 KB

Booking Number: NEBK000016

Dear Tester 1,

We are pleased to confirm your registration for NESt Workshop Registration. Below are the details of your session:

Date: 2025-04-04

Time: 10:00:00 - 12:00:00

Venue: St Anne Mother & Child Centre, Level 6, Lecture Room 3

Please find attached the receipt of payment for your retention.

For any enquiries, you may email to dietetics@mtalvernia.sg.

Warm regards,
Mount Alvernia Hospital



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03 View my Events



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Step 1:
Click on <My Events>

Register **My Events**

Upcoming **4** Past **3**

Confirmed

Booking No. : NEBK000016

[View Event](#)

NE St Workshop Registration

 04 Apr 2025 (Fri)

 10:00 AM to 12:00 PM

 St Anne Mother & Child Centre, Level 6, Lecture Room 3

[Download Receipt](#)



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Step 2:
Click on <Download Receipt>

Register My Events

Upcoming 4 Past 3

Confirmed

Booking No. : NEBK000016 [View Event](#)

NESt Workshop Registration

📅 04 Apr 2025 (Fri)

🕒 10:00 AM to 12:00 PM

📍 St Anne Mother & Child Centre, Level 6, Lecture Room 3

[Download Receipt](#)



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Thank You!