



Serve all with Love

Childbirth Education Frequently Asked Questions:

1. Is it important to attend antenatal class?

Antenatal classes play a vital role in preparing parents-to-be for labour, delivery, breastfeeding, and newborn care, providing them with the essential knowledge and skills for a smooth transition into parenthood.

2. When should I attend antenatal classes?

You may start your course after 20 weeks of pregnancy.

3. Should my partner attend the course together?

Your partner is strongly encouraged to join you for the course, as their support plays a vital role throughout the antenatal and postnatal period. Attending together helps both of you share and navigate this journey as a team, while also equipping your partner to provide informed and effective support during labor, delivery, and beyond.

4. Is the course fee charged as per couple?

Yes, it is.

5. Is there a discount if I am an Alvernia Ladies Card holder?

Yes, you will enjoy a 10% discount on the course fee.

6. Will I receive a 10% refund on the course fee if I join the Alvernia Ladies Card membership after registering for the course?

No, there is no refund if you join the membership after course registration.

7. Can I cancel my class after registration?

Cancellation requests must be made in writing at least 2 weeks before the class starts, unless is due to medical reasons.



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8. Can I reschedule my class?

Requests for rescheduling must be made in writing at least two weeks before the class starts, unless it is due to medical reasons. Changes will be subject to class availability.

9. Who should I contact if I would like to know more about the course?

Please call Parentcraft at 6347 6641 or email parentcraft@mtalvernia.sg for further assistance.